

VIBE ACTIVITIES

Healthy Recipe – Yamba's ANTastic fruit snacks! page 27

Yamba's ANTastic fruit snacks!

HEALTHY
RECIPE



INGREDIENTS

- * 1 apple
- * 1 banana
- * 1/3 cup red seedless grapes
- * 1/3 cup green seedless grapes
- * 1/4 pineapple
- * 1 cup yoghurt
- * 1/4 cup shredded coconut
- * 4 wooden skewer sticks

METHOD

1. Wash all of the fruit and chop the apple, banana and pineapple into small chunks. Put all of this, along with the grapes, on a plate.
2. Spread the yoghurt and coconut onto two separate plates.
3. Slide pieces of fruit onto the skewers and design your own fruit sticks by putting as much or as little of whatever fruit you want! Do this until the sticks are almost covered from end to end.
4. Roll your fruit sticks in the yoghurt, so all of the fruit is covered. Then roll or sprinkle them in the coconut.

Enjoy your ANTastic fruit sticks!!

Make sure there is adult supervision at all times.

Yamba's Playtime

Yamba's Playtime is a 30-minute variety style program for children and includes music, songs, dance, stories and tales about activities in the life of 'Yamba the Yerrampe' (honeyant). Produced and aired by Imparja Television, it has a viewing audience of around 420,000 people and has been entertaining audiences throughout remote Australia for 16 years. The program's producer, Julie McAllan, is a singer/songwriter and former early childhood teacher. In 2009, series one was granted a Pre-school Classification – the first time an Indigenous themed pre-school program had been granted this in its 30-year classification history. History was made again when the *Yamba's Playtime* one-off Christmas special was broadcast nationally on the Nine Network.



Yamba with
Jacinta Price.

Everyone loves fruit!
This recipe doesn't need any cooking and it tastes great!
You can use any of your favourite fruit.

ACTIVITY 1
FRUIT



1 What is your favourite fruit? Draw some of your favourites here.






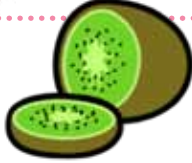
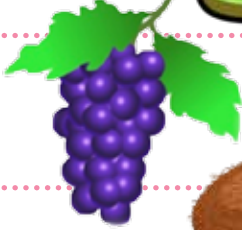

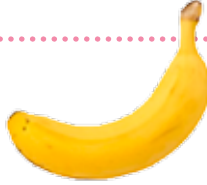


A large, empty rectangular area with a dashed pink border, intended for drawing the favorite fruits.

ACTIVITY 2

MATCHING PICTURES AND WORDS



- 1** These are some ingredients you could use in Yamba's Fruit Snacks recipe. Look at the picture on the left. Look at the words in the box below. Fill in the correct words.

coconut	banana	watermelon
kiwi fruit	strawberry	orange
apple	grapes	pineapple

ACTIVITY 3

MISSING VOWELS

Write your answer on the lines.

1 Fill in the missing vowels to name these fruit.

w _ t _ r m _ l _ n



watermelon

c _ c _ n _ t



coconut

p _ n _ _ p p l _



pineapple

ACTIVITY 4

COLOUR THE FRUIT WORDS

gr → red

str → blue

cr → pink

ch → green

bl → purple

ig → yellow

ea → orange

strawberry

pear

grape

fig

cranberry

blackberry

peach

cherry

ACTIVITY 5
FRUIT PRACTICE

1 Connect the dots and write.

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FRUIT!

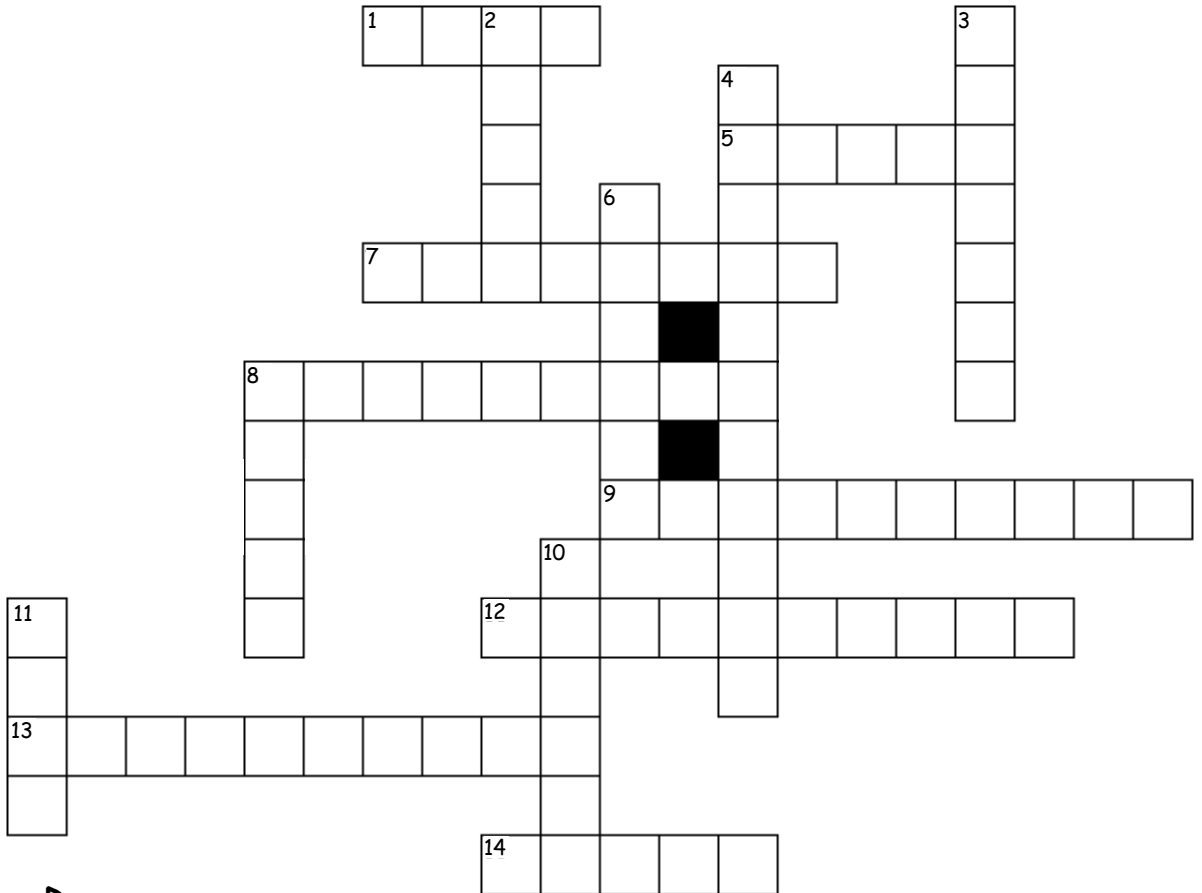


- cherries
- a watermelon
- an apple
- a grapefruit
- plums
- a kiwi
- a peach
- a pear
- bananas
- grapes
- an orange
- blueberries
- a strawberry
- a pineapple
- a lemon

ACTIVITY 6
FRUIT CROSSWORD

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FRUIT!

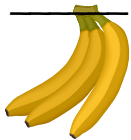


Down:

2. an _____



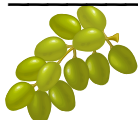
3. _____



4. _____



6. _____



8. _____



10. an _____



11. a _____



Across:

1. a _____



5. a _____



7. _____



8. a _____



9. a _____



12. a _____



13. a _____



14. a _____



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Resources for Teachers of Young Learners