

VIBE ACTIVITIES

Healthy Body – Healthy ears page 26

HEALTHY BODY

OUR EARS ALLOW US TO HEAR AND EXPERIENCE THE WORLD AROUND US.

WHEN WE DON'T CLEAN OUR EARS PROPERLY OR OFTEN ENOUGH, WAX CAN BUILD UP INSIDE THE EAR, WHICH CAN DAMAGE THE EAR DRUM, MAKING IT HARD TO HEAR PROPERLY.

Signs of hearing loss to look for include: delayed speech development, not responding to soft speech, frequent requests for repetition, liking the television up loud but aversion to loud sounds, shouting or whispering while speaking, distracting other children in school and being easily distracted.

IN ORDER TO MAKE SURE WE CAN HEAR THINGS WELL, WE NEED TO KEEP OUR EARS CLEAN. DOING THIS IS EASY, JUST MAKE SURE YOU WASH YOUR EARS WHEN YOU HAVE A BATH OR SHOWER IN THE MORNING AND AT NIGHT.

NOT KEEPING YOUR EARS CLEAN CAN LEAD TO HEARING LOSS...

WHICH MEANS YOU WON'T BE ABLE TO HEAR ALL THE IMPORTANT OR FUN THINGS AROUND YOU AS YOU SHOULD, LIKE YOUR FAVOURITE SINGER, OR YOUR TEACHER IN CLASS.

Otitis media is the general term given to infection of the middle ear. OM is characterised by an inflamed ear drum and is usually accompanied by pain and fever. It is the most common cause of hearing loss in children. The level of ear disease and hearing loss among indigenous people remains higher than that of the general Australian population, particularly among children and young adults. OM can affect indigenous babies within weeks of birth.

BY LOOKING AFTER YOUR EARS AND KEEPING THEM CLEAN, YOU'LL BE ABLE TO HEAR EVERYTHING JUST PERFECT WELL INTO YOUR OLD AGE!

26 | Deadly Vibe June 2012

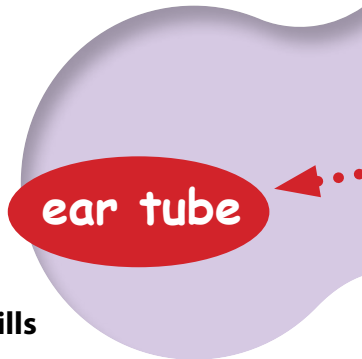
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Ear health is important so we can enjoy life. We need to clean our ears properly every day to keep wax from building up. Not looking after our ears can lead to hearing loss.

Read *Healthy Body – Healthy ears* on page 26

ACTIVITY 1

READING FOR MEANING



Building reading skills

- skimming and scanning for information.
- reading headings, text boxes and pictures.
- reading for meaning.
- making connections between the text and your world.

There are three levels of comprehension questions:

- Literal** The answer is located in one sentence in the text.
- Inferred** You need to make links between sentences and graphics (such as illustrations, maps and tables) and what you already know.
- Applied** The answer is in your background knowledge, what you already know or feel.

1 What things do we need to do to look after our hearing?

(inferred)

- we need to clean our ears properly every day.
- keep the wax from building up in our ears.
- wash our ears when we have a bath.
- all of these



2 What are some signs of hearing loss?

(inferred)

- not being able to hear soft sounds.
- having the television up very loud.
- speaking very loudly.
- all of these

3 Otitis media is an infection of the middle ears.

(inferred)

- TRUE
- FALSE



4 Looking after your ears and cleaning them every day can help you to hear well.

(inferred)

- YES
- NO

5 List the things you can do every day to cut down the risk of getting ear infections.

(inferred)



ACTIVITY 2

LANGUAGE CONVENTIONS - SPELLING

1 The spelling mistakes in these sentences have been underlined. Write the correct spelling for each word in the box.

Our ears allow us to here properly.

We need to cleen our ears every day.

Not keaping our ears clean can lead to hearing loss.



2 Each sentence has one word that is incorrect.
Write the correct spelling of the word in the box.

Sore ears can mean you have a midel ear infection.

Make shore you wash your ears every day.

Do you need to have the television up very lowd?



ACTIVITY 3

LANGUAGE CONVENTIONS - GRAMMAR

1 Add the contractions for have to the following pronouns.
The first one has been done for you.



I	I have	I've
We		
You		
They		

ACTIVITY 4

LANGUAGE CONVENTIONS – PUNCTUATION

1 Which sentence has the speech marks (“ ”) in the correct place?

- “Can you hear the television? asked Mum.”
- “Can you hear the television?” asked Mum.
- Can you “hear” the television? asked Mum.
- Can you hear the television?“asked Mum.”



2 Which sentence is punctuated correctly?

- Its important to look after your ears so theyre healthy.
- It's important to look after your ear's so theyre healthy.
- It's important to look after your ears so they're healthy.
- Its' important to look after you'r ears so they're healthy.



ACTIVITY 5

UNSCRAMBLE THESE EAR WORDS



IEGHARN	
NCAEL	
RDMU	
GWANSIH	
SSDONU	

ACTIVITY 6

JUST FOR FUN

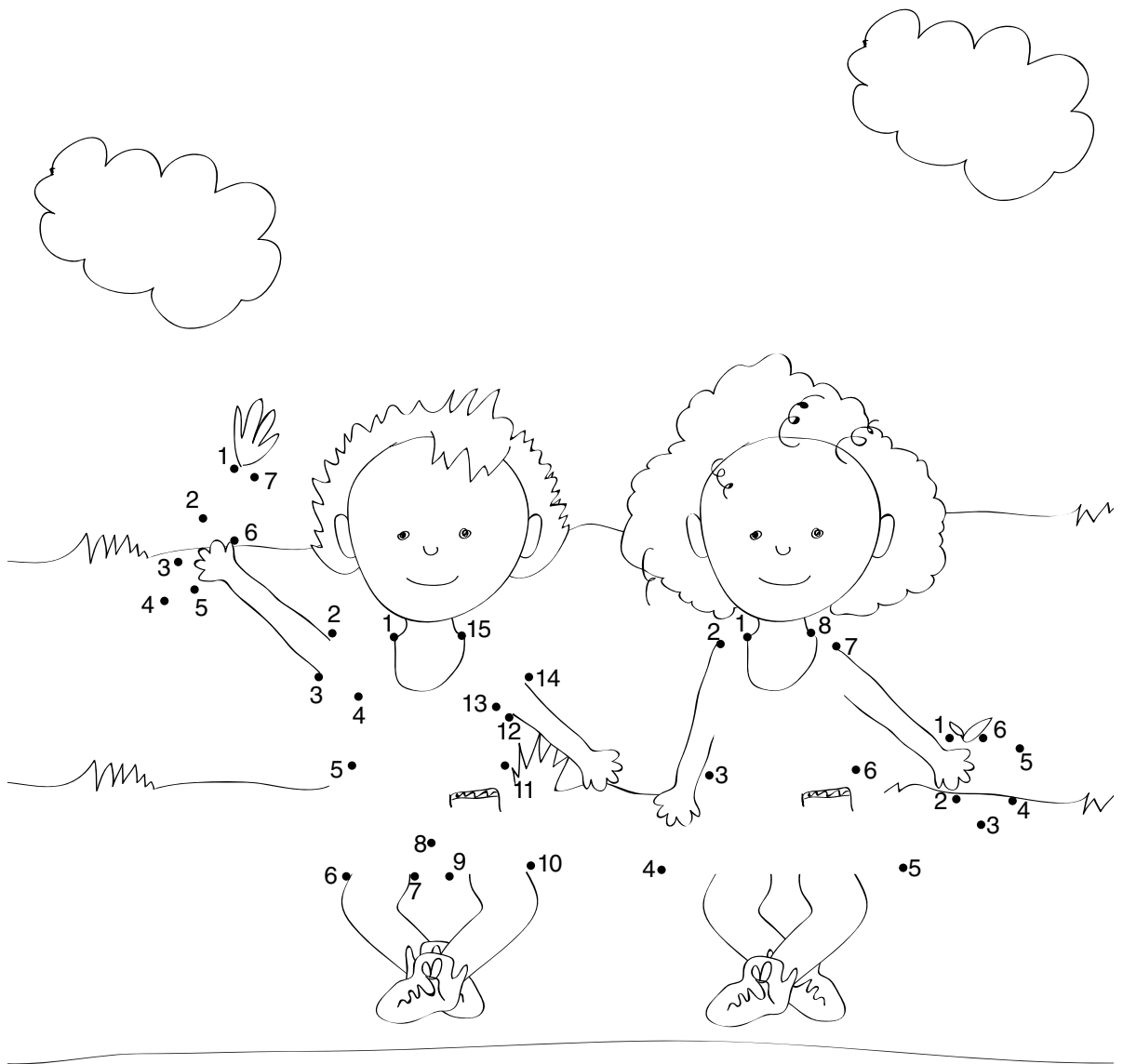
- 1** Cross out the letters that appear twice and you'll find four (4) letters left. Rearrange them to form a word.

b	f	d	r
j	e	h	g
d	i	a	c
c	j	b	h
s	g	i	f

ACTIVITY 7

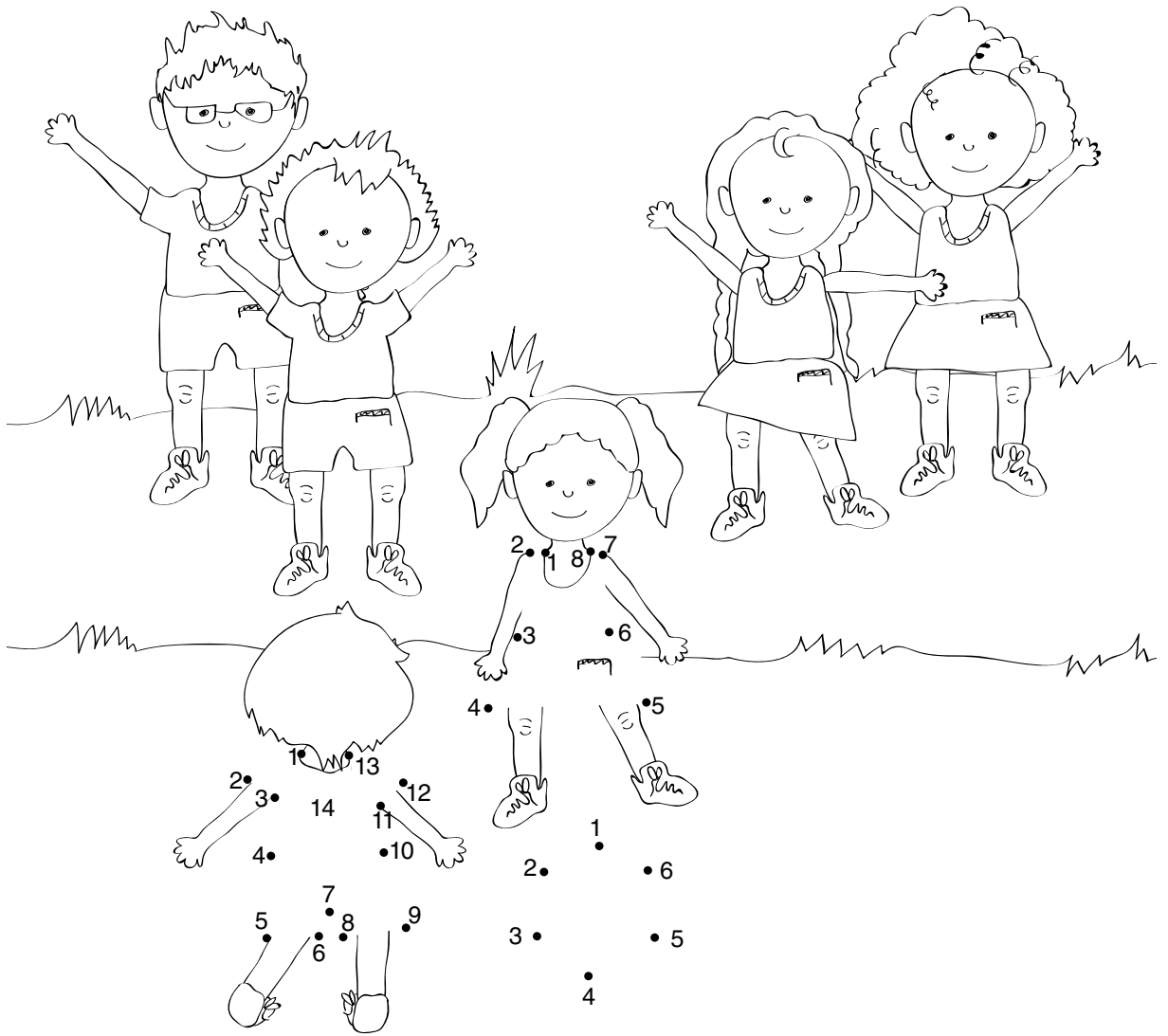
KEEP YOUR EARS HEALTHY DOT-TO-DOT

Keep your ears healthy by eating fruit and veggies.



For more details, please visit www.careforkidsears.health.gov.au

With healthy ears you can play sport with your friends.



Australian Government
Department of Health and Ageing



care for kids' ears
strong hearing strong start

For more details, please visit
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