

MY NAME



## Healthy Vibe Making a Difference p19

### HEALTHY VIBE

#### Making a Difference

A SPECIAL ART AUCTION RAISES THOUSANDS FOR OUR KIDS' HEALTH.

Artworks by some of Australia's most sought after Indigenous artists have been sold in a charity art auction which has raised over a quarter of a million dollars for research into Indigenous health.

Highlights of *Ochre - Supporting Indigenous Health Through Art* included the sale of a stunning artwork by 2008 Telstra Award winner Makinti Napanangka, which sold for \$18,500, a stand out piece by finalist in the 2008 Western Australian Premiers Award Rita Simpson which raised \$24,000, and a superb work by one of the hottest Indigenous artists of recent times, Regina Wilson, which sold for \$40,000!

Over \$250,000 was raised from the sale of 14 artworks, with all proceeds going towards Indigenous child health research at the Darwin-based Menzies School of Health Research.

The evening also included an intimate performance by Deadly Award winner Gurrumul Yunupingu.

Speaking after the auction, event Ambassador David Smorgon described the evening as "inspirational".

"Hearing the experts from the Menzies School of Health Research speak at the event and being able to meet some wonderful people from remote Indigenous communities certainly made the night very special," he said. "The art was superb, the entertainment was spectacular and the audience was extremely generous.

"By supporting Ochre, this is our chance to try to make a difference to the lives of Indigenous kids."

Thanking all supporters and donors who contributed on the night, Director of the Menzies School of Health Research Professor Jonathan Carapetis, said that he was "blown away" by people's generosity and support.

"With this level of support, we will really be able to make a difference to the lives of Indigenous kids," he said.

"For example, \$250,000 will allow us to visit remote communities to check young kids



GURRUMUL PERFORMS AT THE AUCTION



for scabies and skin sores, and train local people to be able to work as health workers in their communities.

"It will also allow us to screen kids in remote communities for rheumatic heart disease, and it will help us to vaccinate pregnant women to protect their unborn children from contracting ear disease in the first few weeks of life."

It isn't too late to donate to Ochre - tax deductible donations can be made at [www.menzies.edu.au/ochre](http://www.menzies.edu.au/ochre)



#### You're Not Alone



OCTOBER IS ALL ABOUT GOOD MENTAL HEALTH.  
PAGE 20

STAY STRONG

#### Walk the Walk

WALK MORE, FELL BETTER AND SAVE THE ENVIRONMENT!  
PAGE 22



STRONG & SMART

#### One Deadly Dude

ADAM JAMES TUNES UP FOR THE DEADLY VIBE CELEBRITY HEALTH CHECK-UP.  
PAGE 22



CELEBRITY HEALTH

#### Chill Out

PEOPLE ARE TOO STRESSED OUT THESE DAYS, AND IT'S HURTING OUR HEALTH.  
PAGE 23



HEALTHY MIND

#### Bring it Down

LOSE WEIGHT, DROP CHOLESTEROL.  
PAGE 23



HEALTHY BODY



## BIOGRAPHICAL RECOUNT

Geoffrey Gurrumul Yunupingu recently performed at a charity art auction to raise money for research into Indigenous childrens' health.

Gurrumul (aged 37) sings of growing up in an Aboriginal community on a remote island off the north coast of Australia. He sings about coming to terms with being born blind and he sings the creation stories of his Yolngu people.

Two months ago, he released his first solo album - "Gurrumul" - and it looks set to become a rare phenomenon: a recording by an Aboriginal artist that has broken out into the mainstream. "Gurrumul" jumped to No. 1 on the Australia music charts. The album is a mixture of traditional songs and new compositions, and its success is all the more remarkable because all but two of the songs are sung in Yolngu.

Yunupingu is from the Gumatj clan of the Yolngu on Elcho Island, off the north coast of Australia some 560 kilometers, or 350 miles, from Darwin, the nearest big city on the mainland.



Yothu Yindi was founded by one of Yunupingu's relatives, Mandawuy Yunupingu. George Burarrwanga, the lead singer of the other great breakthrough group, the Warumpi Band, also came from Elcho Island.



**Activity 1. Reading for meaning**

1. What was the purpose of the charity auction that Gurrumul performed at?

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2. What was his first album called?

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3. What are some of the unusual aspects of his album and its popularity?

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4. List 5 things you have learnt about Gurrumul from reading this biographical recount.

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**Activity 2. List 5 ways you can make a difference to the people around you.**

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Your name

# VIBE SCHOOL

Issue 133  
Years 5-6



## Activity 3. Find a Word

X Q J X X M L K T X N T D E R  
N S P C E O U A Y T S M R X E  
A J I N D N O B M P L A E T E  
A I T N E M E V E I H C A R R  
X A L V G C M C I L N Q M E A  
L A I A I I T V A N L A N M C  
S B X S R A N M N E U K R E A  
E E U C C T U G E G R S Z E D  
F M C U J R S W S N C E A H S  
P G L I R N K U H E E L N Q G  
X A B U P I R P A L S L D Y Q  
R C G M K A C H T L A E H L D  
O C T O B E R M B A H X M G M  
F B D A G L V T Z H R L C D J  
I E K N D B W A Y C V O I C E

### WORDS

Music

Australia

Challenge

NSW

Mental

Health

Voice

Spectacular

Vibe

Party

October

Gurrumul

Singing

Animal

Career

Extreme

Achievement

Dream